



How to Align With Your Healthy Body Image

Have you had other healers?
Are you tired of being tired?
Are you tired of being overweight?
Are you ready to take on a brand new committed life now?

Please join Chiara LaRizza for this **F R E E** first time inspirational workshop so that you can learn about healthy body image and how to heal it and align to your amazing body & health while in your Akashic Records, your personal & powerful, most sacred, multidimensional healing tool available to you!

- 1. How many of you have lost weight & then gained it back?**
- 2. How many of you look in the mirror & feel anxious, depressed, angry, ashamed or indifferent, this is the way I am, I can't do anything about it, etc, etc, etc,....?**
- 3. How many of you eat , drink or take on any other substance abuse when you are in crisis, upset, angry, etc.?**

Are you ready to move beyond the unconscious limitations that **STOP** you from success? Do you want to feel healthy & truly amazing, radiate your brilliance in a **BIG** way? Register today to reserve your seat for this exclusive connection by contacting **Prana Yoga & Wellness Studios at 905 338 2880 today, limited space available.**

Monday July 26 from 7 - 8:00 pm F R E E

Prana Yoga & Wellness Studios

245 Wycroft Road #2, Oakville, L6K 3Y6

905 338 2880

Chiara LaRizza

International Soul Visionary Mentor, specializing in Over Soul & Divine Essence Communication, Ascension and Multi-dimensional Healing. She has served people for over 14 years facilitating permanent life altering shifts, aligning souls to clear their path, live their truth & BE in their power! Get ready to invoke the awakening of your spiritual gifts to integrate them with your life's purpose in an exhilarating & enlightening way. Visit www.chiaralarizza.com and receive your free soul inspiring newsletter today to live your most joyous path.

